HOW DOES A CHRISTIAN STOP SINNING?

OUTLINE

INTRODUCTION

I. Why does a Christian do things he does not want to do?

A. Because we want to sin.

B. Lack of hatred for sin.

C. We are tempted with sins we enjoy doing.

D. Lack of commitment to Christ

II. Is it really necessary to change these sins?

A. Maybe they are only character defects?

B. The answer is yes — all sin grieves God

C. Let’s look at Isaiah 43:24-25

D. Psalm 119:9 “How can a young man keep his way pure?

E. Romans 8:8 “Those controlled by the sinful nature cannot please God”

III. Can we really stop these sins?

A. Romans 8:1-9, 12

B. I Cor. 10:13

C. I John 1:9

D. How do we go about change?

E. Need to have a vision to stop Proverbs 29:18

F. Discipline I Tim. 4:7

G. Gal. 5:1

H. I John 5:3

IV. Ten ways to victory

*1. Resist the devil, and never run or retreat in fear*

*2. Bind satan out loud*

*3. Don’t ever talk to your tempter*

*4. Don’t dwell on that sin*

*5. Think about hating that sin*

*6. Think pure thoughts*

*7. Repel temptation with scripture*

*8. Keep a journal and examine your actions*

*9. Keep convicted*

*10. Love God*

Conclusion

Practical assignment